

Cookery Workshops with Brad Brown

Mondays April 2nd & 9th

Venue: Best Living Japan Studio

(3-17-12 Minami Azabu, Minato-ku, Tokyo)

Time: 9.30am to 11.30am

Fee: 4,500 yen

This is a non-profit event and a contribution is donated to charity Second Harvest Japan Kspace members and non-member (guests) welcome

About

Come and join expert guest speaker and professional foodie, Brad Brown, for a fun opportunity to learn some great recipes and cooking ideas.

Classes include:

- · cooking demonstration
- hands-on cooking
- 30-minute wind-down where you savour the food
- · quick clean up of community kitchen

Note: Please bring along a container in case there is food to take home.

Class 1: Monday April 2nd Italian Meal Class 2: Monday April 9th Quick Healthy Food Ideas

*You can book just one class or both

Profile of Our Speaker: Brad Brown

Brad is a consultant in the food industry with over 15 years of extensive experience. Prior to moving to Japan, he worked for Williams-Sonoma (the largest specialty retailer in the United States), where he managed merchandising teams that collaborated with many leading chefs to bring creative food and product ideas to home cooks. Having been trained as chef at the Culinary Institute of America, Brad has enjoyed experimenting and exploring various healthy food options since his daughter Arin's birth. He now has many years experience cooking

for fussy infants!

