

Kspace Code of Conduct

Judo/Karate

We want everyone to enjoy Martial Arts in an environment that is happy, safe and conducive to learning.

On behalf of our sensei, we would like to explain to parents that Martial Arts have a very different atmosphere to regular gym classes and a specific code of discipline and standards.

Although we do not run a dojo or have any official grading, Martial Arts courtesies and manners apply and will be strictly adhered to.

Classroom Atmosphere

Martial Arts are not quiet activities but the type of noise is well managed. There is a lot of movement, and noise as students make contact with the mat. Noises from physical activity are encouraged but conversation, play and distracting behaviours are discouraged.

Before class, children may be naturally boisterous but once they enter the 'dojo' classroom students are expected to collect their focus quickly and quietly.

Bowing is the first step in beginning each lesson, and should be taken as an opportunity to get ready to listen and learn.

The sensei commands that students:

Rei (bow)

Refer to the teacher at all times as 'Sensei'

Use a loud and confident voice when answering

NOTE: It is appreciated that any parents or spectators are also

quiet during bow-in. When parents collect children or if they are invited for trials, tours, or open viewing the sensei requests that they remain silent and that all phones are turned off.

Uniform

We ask that the 'gi' is worn to all classes by fully enrolled students. Please ask us if you are unable to find somewhere to buy one.

Students can wear a T-shirt underneath their gi if they wish, and they must if they are female.

Students must be barefoot. Hair must be securely tied back, and have no bracelets, necklaces or anything on their person that may hurt others.

The gi must not be worn outside of the class; is an item of clothing that represents tradition, and is respected inside and outside the class.

Please keep the gi clean.

The uniform should be respected. It is not to be chewed, not only because it will damage the uniform, but more importantly, other students should not have to touch the gi of another student that is dirty.

General

Safety and respect is of a very high standard between sensei and student, student to student, and parent to sensei (and vice versa).

In traditional Japanese custom the 'language of Judo' does not generally allow for long sentences or explanations to a student when their in-class behaviour is unacceptable/being questioned.

Children are not allowed to pinch, bite, or use any negative

behaviours that are not part of a Martial Arts range of physical contact.

At Kspace direction is appropriate for the age of the children, however, to retain the spirit of martial arts, discipline is a major component of being a Martial Arts student.

The children will be protected and well mentored at all times but bruises, small cuts/abrasions/knocks may occasionally occur as will in any contact sports class or martial art.

The children do not wear pads, mouth guards, or helmets.

All contact is age appropriate.

As well as fun, support and exercise, in order to become stronger and more able sportspeople our students will experience:

- Very direct commands from the sensei.
- Defeat (and success!)
- Productive feedback
- Occasional hands-on direction from the sensei
- Absolutely no favouritism is offered and all students are expected to follow in-house rules