

NINJA CLUB

4-7 YEARS



Today's Lesson: Stealth; *Moving carefully and quietly*

Date: January 11th

Ninjas are masters of stealth and secrecy. It is of prime importance that they can get in anywhere using their agility but more so that they can get out again without being discovered. This week the children practiced moving around an obstacle course as carefully and quietly as possible and at all costs avoiding being caught by the guards on patrol. Of course we couldn't simply run and jump as regular people do. We learnt the secret of landing as quietly as possible and also how to move without making a sound. When it came time to confront the obstacle course we had to crawl across an elevated ladder on hands and feet, jump across three platforms, balance along a balance beam and then jump over three obstacles, never forgetting our special ninja jump and land techniques or running pose. Thank you ninjas in training. We are well on our way to mastering the essential ninja techniques.

Thank you

Nick and Simon



