

Lower School Daily Timetable



Caterpillar Schedule



Time	Activity / Lesson
8.45am	Welcome and Drop-off Time
9:00am	Circle Time
9:45am	Snack Time Nappy Check 1
10:10am	Sensory Activities
10:30am	Arts & Crafts
11.00am	Soft Gym or Roof Play (Nappy Check 2)
11.15am	Lunch Time
12.00pm (noon)	Quiet Story Time & Cocoon Club (Nap Time) Nappy Check 3
1.00pm	Wake-up & Snack Time Nappy Check 4
1.15pm	Rhymes, Songs and Finger Play
1.30pm	Closing Circle Time
1.40pm	Transition Time
1.45pm	Pick-up Time



Chrysalis Schedule



Time	Activity / Lesson
8.45am	Welcome and Drop-off Time
9:00am	Circle Time
9:30am	Morning Meeting: Calendar, emotions, days of the week, colours, shapes, numbers
9:45am	Snack Time/Nappy Check 1
10:05am	Sensory or Roof Time
10:35am	Arts & Craft
11:05am	Gym Time or Roof Time (Nappy Check 2)
11:30am	Early Phonics or Early Numeracy
12:00 (noon)	Lunch time
12:40am	Nap Time (for children that need to rest or sleep)
1:25pm	Wake-up & stretch time, final nappy check & closing circle time.
1:45pm	Regular collection